



Subject on a page:

PSHE

At Ibstone CE Primary School, we believe Personal, Social, Health and Economic (PSHE) education is a subject through which pupils develop the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society.



Intent - We aim to...

Enable pupils to be confident, courageous and resilient in all areas of life

Ensure pupils have high aspirations and a belief in themselves that anything is possible

Teach learners about different factors which will affect their world and how to deal with these

Prepare pupils to be a global citizen now, and in their future roles within a global community

Provide Relationship & Sex Education (RSE) through the Kapow Primary scheme and PSHE through Jigsaw



Implementation — How we achieve this...

Information about our curriculum

We follow the Jigsaw PSHE programme which covers the statutory Relationships and Health Education (RHE) in a progressive and age-appropriate way. We also use extra support materials from Kapow to teach RSE. Each half term, pupils from Reception to Year 6 take part in weekly PSHE sessions following a whole school theme.

Whole School Approach

The six themes covered within the Jigsaw programme include: Being Me in My World, Celebrating Difference, Dreams and goals, Healthy Me, Relationships and Changing Me. Each class is taught the same 'puzzle' of the Jigsaw at the same time, but in a session appropriate for the year group. This ensures continuity across the school, in a manner that allows pupils to develop upon their learning from previous years and make connections between the Jigsaw pieces.

Lesson Format

Each Jigsaw session begins with an opportunity for mindfulness, normally conducted through a 'Calm Me' script, allowing pupils to develop a sense of which calming approach works best for them, both within the sessions and beyond. Depending on the lesson, pupils will then take part in different activities such as 'Connect us', 'Open my mind', 'Tell me or show me', 'Let me learn' and 'Help me reflect'.

Whole Class Journals

At Ibstone, we use whole class Jigsaw Journals to gather evidence and monitor progress effectively within PSHE lessons. In our journals, pupils work, reflections, photographs and other activities are displayed, showcasing their thinking from each puzzle piece.

Our Christian Vision and Values

Our school vision is to nurture our community enabling all to grow through our Christian values. We inspire everyone to be resilient, confident and courageous whilst developing a lasting love of learning.

All pupils can talk about spirituality here at Ibstone and use the vocabulary of windows, mirrors and doors to develop themselves as agents for change. Our values of love, respect, courage, community and perseverance prepare our pupils for life in the wider community. These are embedded in our curriculum and lived out by all in our daily lives.

Implementation – continued

Vocabulary

As in all other subject, vocabulary is planned very carefully through the scheme to build upon prior knowledge. There is reinforcement of key terms annually. Teachers have a good understanding of when and where pupils would have met this key vocabulary previously and enables them to make links. Age appropriate vocabulary for RSE is planned carefully.

Self-Assessment

At the end of each puzzle piece, pupils take part in a 'Help Me Reflect' activity in which pupils can develop their use of self-assessment. In Early Years and KS1 pupils are asked to show their thumbs on how they think they met the objectives. In KS2 pupils use a traffic light system to self assess.

Monitoring

During the year, PSHE leads have reviewed class books and provided guidance for any teachers who required it, sharing good practice. PSHE will be reviewed by the subject champion and SLT on a yearly basis, with a full report of the positives and areas for improvement detailed.

Relationships and Health Education

In addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. Alongside this we teach about different kinds of relationships, including same sex relationships, and gender identity because it is important that our pupils have an understanding of the full diversity of the world they live in and be prepared for life in modern Britain. The Sex Education aspects of PSHE are also taught through Jigsaw with some extra supporting materials from Kapow.

A safe place to learn

Pupils learn best in an environment where they feel safe and secure and where their opinions and contributions are valued by all members of staff. Our school is a place that is warm and welcoming, where we care for each other and give support.

Feedback

Feedback in PSHE is different to other subjects as there is likely to be no right or wrong answer. Instead, feedback is in the form of extending discussions, asking & answering pupils' & teachers' questions and delving deeper into areas, when required.

Impact

Pupils leave Ibstone as emotionally literate individuals

Pupils are able to manage their emotions and look after their mental health and wellbeing

Pupils appreciate difference and diversity within our school community, local community, nationally and globally

Staff are confident about teaching sensitive subject matter

Pupils are resilient and confident with high levels of self-esteem. Wellbeing and good mental health are prioritised

Pupils are able to develop positive, healthy relationships with their peers both now and in the future